



Cuesheet

A-002

**Bethpage / Bayville: 53 Miles, Moderate**

Goes east through Syosset, Woodbury, Plainview, Bethpage and Melville. Then heads north and west to lunch in Bayville via West Hills, Cold Spring Harbor, Oyster Bay and Mill Neck. After lunch, heads back through Locust Valley.

Directions to start: Starts from Westbury High School at the intersection of Post Ave and Jericho Tpke.

MILES	TOTAL	TURN	ONTO	MILES	TOTAL	TURN	ONTO
0.0	0.0	R	Post Rd / Wheatley Rd out of Westbury HS lot	0.1	34.3	L	Lexington Ave AND
5.1	5.1	R	Brookville Rd at White Church	0.0	34.3	R	Mill River Rd
1.0	6.1	L	Muttontown Rd / Eastwoods Rd	0.6	34.9	R	Glen Cove Oyster Bay Rd to end
2.8	8.9	BL	Cold Spring Rd in Syosset	0.7	35.6	L	Oyster Bay Rd at T
0.5	9.4	BR	Syosset Woodbury Rd	0.7	36.3	R	Beaver Brook Rd in Mill Neck
0.7	10.1	R	S Woods Rd / Piquets Ln to end in Woodbury	0.4	36.7	BR	Frost Mill Rd to end
1.1	11.2	R	Woodbury Rd at T	1.0	37.7	L	Cleft Rd at T
0.7	11.9	L	Manetto Hill Rd	0.5	38.2	R	Factory Pond Rd to end
0.6	12.5	R	Central Park Rd in Plainview AND	1.0	39.2	R	Bayville Rd at T
0.1	12.6	L	Central Park Rd / Gerhard Rd to end	1.0	40.2	S	Bayville Ave into Bayville
2.2	14.8	L	Hay Path Rd at T AND				Lunch stop in Bayville then return back via Bayville Ave
0.1	14.9	R	Plainview Rd	1.6	41.8	L	Bayville Rd to end
0.4	15.3	BR	Broadway	0.8	42.6	R	Buckram Rd at T
1.1	16.4	L	Powell Ave / Plainview Rd in Bethpage	0.7	43.3	BL	Town Cocks Ln and go under railroad bridge AND
0.6	17.0	BR	Stymus Ave to end	0.1	43.4	BL	Piping Rock Rd in Locust Valley
0.2	17.2	L	Thorne Dr to end AND	2.2	45.6	R	Chicken Valley Rd to end
0.1	17.3	L	Central Ave	1.3	46.9	L	Rt 107 (Cedar Swamp Rd) at T AND
0.6	17.9	BL	Quaker Meeting House Rd	0.2	47.1	R	Hoaglands Ln
0.5	18.4	BL	Round Swamp Rd	0.7	47.8	BL	Valentine Ln
3.7	22.1	BR	Old Country Rd after crossing under LIE	1.2	49.0	L	Rt 25A (N Hempstead Tpke) AND
1.3	23.4	L	Sweet Hollow Rd in Melville	0.1	49.1	R	Whitney Ln to end
2.2	25.6	L	Goldfinch Ln to end AND	1.1	50.2	R	Wheatley Rd / Post Rd at T
0.2	25.8	L	Robin Ln AND	2.8	53.0	L	into Westbury HS lot
0.0	25.8	R	Bluebird Ln / Hartman Hill Rd / Cold Spring Hills Rd in West Hills				
1.2	27.0	BL	W Rogues Path to end				
0.5	27.5	L	Woodbury Rd (CR-11) at T				
0.1	27.6	R	Rt 108 (Harbor Rd) into Cold Spring Harbor				
1.6	29.2	BL	Lawrence Hill Rd AND				
0.1	29.3	L	Rt 25A (N Hempstead Tpke) up Fish Hatchery hill				
1.6	30.9	R	Cove Rd / E Main St / Audrey Ave / Shore Ave at bottom of hill				
3.2	34.1	L	Maxwell Ave in Oyster Bay AND				
0.1	34.2	R	W Main St AND				